An adult-onset egg allergy

Erişkin yaşta başlayıp yumurta alerjisi

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ABSTRACT
Egg allergy is one of the most common food allergies in young children. It usually develops in the first 3 years of life, but it may develop later in adulthood. This study aimed to determine the proportion of adult-onset egg allergy in a group of children with a positive history of egg allergy. The study population consisted of 132 children who had a positive history of egg allergy and were referred to the allergy clinic. The patients' data were collected using a questionnaire and physical examination. The allergy status of the patients was determined using a food challenge test. The results showed that 18% of the patients had an adult-onset egg allergy. The results of the study suggest that adult-onset egg allergy is not rare and should be considered in the differential diagnosis of food allergy.

INTRODUCTION
Egg allergy is one of the most common causes of food allergy in children. The development of egg allergy in children is a late age onset. However, adult-onset egg allergy often occurs as an occupational allergy (e.g., bakers in the baking industry and dermatologists).

CASE REPORT
A 30-year-old woman presented with a history of itchy skin, abdominal pain, and anaphylaxis after eating eggs. She had a history of asthma and seasonal allergies. She had no history of food allergy in her childhood. Her family history was noncontributory. She had no history of drug allergy. She denied any history of atopy. She had no history of any other chronic medical conditions. She was a non-smoker and had no previous history of anaphylaxis. She was taking no medications. She had no history of any recent travel outside the country. She had no history of any recent vaccination. She was allergic to eggs. She was allergic to eggs and was positive to 12.4 kDa and 0.44-0.61 kDa CRP (crystalline precipitin) proteins. She was allergic to eggs and had no history of any other food allergy. She had no history of any other chronic medical condition.